

Aging

ADAPTATION AND AGING: LIFE IN A NURSING HOME

15 min; color; c,a
1/2" VHS **CC2802,VH**

Investigates the adaptations and adjustments of one group of elderly people to life in a nursing home by intermixing scenes of a typical day with comments by anthropologist Philip Stafford, a participant observer in the home. Describes the events shown in the context of the residents' cultural adaptations to life in the nursing home. Stresses the importance of observing significant yet somewhat obscure details because "things are not always what they seem." (INUAVC;INUISS;p1978)

Aged; Anthropogeography--North America; Nursing homes

AGE NO PROBLEM

50 min; color; c,a
1/2" VHS **CC6277,VH**

Highlights Vita Needle, a medical manufacturing company in Massachusetts that only employs the elderly and allows them to work there as long as they are able. Illustrates how these employees gain confidence and independence through feeling useful. Interviews and follows several of the employees, ranging in age from 70's to 89, through a typical day. Interviews president Fred Hartman, who says that after the company went through some economic problems he began hiring elderly people who had been laid off from their jobs; because of their loyalty and dedication, he now hires only the elderly. Suggests this as a useful strategy as the population ages. (FILMK; c2002)

Aged; Personnel management; Work

AGEING WITH COMMUNITY

26 min; color; h,c,a
1/2" VHS **CC5526,VH**

Ways We Live Series - Provides examples of where to find community while retaining independence as we grow old. Two very different options are profiled: a gated community for mostly well-to-do people over fifty, and an "Abbeyfield Society" home where up to twelve older people share a home with their own bed-sitting room and bath and communal kitchen, dining room, and garden, where they can enjoy privacy and independence as well as a feeling of family and community. (SPRINDA; MACANHE;BULFROG;c1997)

Aging; City and town life

AGELESS AMERICA

52 min; color; c,a
1/2" VHS **CC5141,VH**

Focuses on the process and prospects of aging for the generation of 76 million middle-aged baby boomers in the United States. Covers such issues as why women live longer than men, the "sandwich generation" of adults with responsibilities for both aging parents and young children, and the process and problems of aging itself. (WBC; FFHS;c1993)

Aged; Aging

AGING

25 min; color; j,h,c,a
1/2" VHS **CC2478,VH**

Developmental Psychology Today Film Series - Attempts to dispel common negative stereotypes of the aged and presents the two major theories on growing old--the activity theory and the disengagement theory. Provides relevant statistics and interviews the aged. Visits Leisure World in Laguna Hills, California, a residence and recreation center based upon the activity theory of aging. Explains briefly the current emphasis on physical gerontology. (CRM;MCGH;c1973)

Aged; Aging

AGING AND SAGING

24 min; color; h,c,a
1/2" VHS **CC5626,VH**

Man Alive Series - Visits a weekend Elder Circle held at the Omega Institute in upstate New York led by Rabbi Zalman Schachter-Shalomi and Ram Dass where participants explore cultural perceptions of aging, share experiences, and work on developing role models for healthy and graceful aging. Includes interviews with Dass, Schachter-Shalomi, and participants, and shows clips from gatherings in which discussion centers around the spiritual aspect of becoming an elder. (CBC;FFHS; c1998)

Aged; Aging; Religion--Philosophy; Philosophy (CPI)

AGING IN AMERICA: THE YEARS AHEAD

56 min; color; c,a
1/2" VHS **CC6494,VH**

Provides examples of elderly and aging individuals who have shaped new lives for themselves. Documents, through interviews and character profiles, many responses to the questions: What is "getting old?" What is a "good" old age? Identifies people over the age of 55 as the fastest growing population in America. Provides a more nuanced perception of "old" and suggest that as people age, life for many individuals takes on a more personal direction, while for others aging means supporting friends and taking care of those you love. Suggests that old age is not always a road leading towards death, but an opportunity to rediscover life. Produced, directed, and narrated by Julie Winokur. (TALKEYM;c2003)

Aging

AGING IN JAPAN: WHEN TRADITIONAL MECHANISMS VANISH

45 min; color; c,a
1/2" VHS **CC4682,VH**

Provides insight into the lives of Japan's quickly-expanding elderly population through a tour of one of the many new 24-hour bath houses catering to seniors. Interviews guests who have chosen to stay for extended periods at the bath house, most because they either have no children or feel as though residing with their children for a prolonged period would be too intrusive. Notes the sadness and the feelings of isolation from family that some of the seniors experience as well as the camaraderie and true friendships that have evolved. (NHK;FFHS;c1990)

Aging; Japan; Social problems

AGITATION IT'S A SIGN

14 min; color; c,a
1/2" VHS **HC1652,VH**

The Alzheimer's Challenging Behavior series - Explores for caregivers the possible reasons for agitation in an Alzheimer's or dementia sufferer. Features the commentary of educators, administrators and caregivers and provides examples of agitated behavior and proper calming. Explains that agitation is a result of anxiety from a patient's feeling that he cannot be successful in this world any longer. Suggests that agitation may be the patient's only way of expressing himself. Stresses the honest and dignified treatment of the patient rather than talking down to him. Urges finding the cause of the problem in addition to relieving the agitation. (FANLIGH; c1997)

Alzheimer's disease; Nursing homes

Aging

ALL OF OUR LIVES

28 min; color; h,c,a

1/2" VHS **CC4179,VH**

Presents older women as capable, independent, productive people, while showing the effects of economic discrimination on aging women. Interviews women of various backgrounds about their early lives and their current life styles, juxtaposed with archival footage and interviews with younger women. Reflects such options as older women living together, working for pension rights, becoming activists for older women's rights, and living and working independently. (SKYWCF;FILMK;r1985)

Aging; Women

THE ALZHEIMER'S CHALLENGING BEHAVIOR SERIES

AGITATION IT'S A SIGN [HC1652]

RESISTING CARE [HC1653]

WANDERING IS IT A PROBLEM [HC1654]

ALZHEIMER'S DISEASE: INSIDE LOOKING OUT

20 min; color; h,c,a

1/2" VHS **CC5116,VH**

Offers a look at living with Alzheimer's through personal accounts of individuals diagnosed with the disease. Contains frank discussions about the impact that progressive memory loss has had on their lives. Captures the feelings of embarrassment and frustration as well as the optimism still prevalent in their attitudes towards life. Emphasizes the positive aspects of being able to communicate with others about their experiences and urges support from families and friends. Acknowledges the determination to remain in control of their own decisions. (CLCALZA;TERNF;c1995)

Alzheimers disease

ALZHEIMER'S DISEASE: STOLEN TOMORROWS

26 min; color; c,a

1/2" VHS **HC1356,VH**

Explains the symptoms, progression, and final stages of Alzheimer's disease and its effect on the families of victims through monologues of spouses and health care workers. Emphasizes the difficulties in diagnosis, which must usually be done by a team of experts after other treatable possibilities have been ruled out. Recommends that families of victims join support groups and acquire legal and financial advice soon after diagnosis in preparation for dealing with the inevitable problems that result from managing the care of the victim in the later stages of the disease. (LINCCHO;AIMS;c1986)

Alzheimers disease

AN ALZHEIMER'S STORY

30 min; color; c,a

1/2" VHS **CC3614,VH**

Documents two years in the life of Anna, a wife and mother with Alzheimer's disease. Explores the ways Anna's family deals with her illness. Uses no narration, only images, to show Anna's tragic decline. *Multi-award winning program.* (ROSKP;NEUWR;FILMK;p1985)

Alzheimers disease

AND THE HOME OF THE BRAVE

17 min; color; h,c,a

1/2" VHS **EC2500,VH**

Tells the story of Lillian Ross, an 84-year-old woman newly admitted to a nursing home, and portrays her treatment by staff and other residents as she attempts to adjust to her unfamiliar surroundings. Shows her struggle to adapt to institutional living, an unwelcoming roommate, and staff who, though well intentioned, are insensitive to her need for personal control. Dramatizes the pain of losses for the aged, the importance of human relationships, and the need for personal control and dignity for the residents of nursing homes. (KELLERJ;TRICEPT;c1988)

Aged; Nursing homes

ANGELUS PLAZA: A NEW LOOK

27 min; color; h,c,a

1/2" VHS **CC6278,VH**

Focuses on the lives of three people living independently in a retirement home in downtown Los Angeles. Illustrates how one can maintain an active lifestyle through their personal stories and daily activities. Includes candid discussion of children, spouses, new love interests, past experiences, and feelings about aging. Made by students at the University of Southern California. (FILMK;c2001)

Aging; Social adjustment

ANNA'S STORY: FADING MEMORIES

23 min; color; j,h,c,a

1/2" VHS **HC1722,VH**

Medical Diary Series - Follows the story of the daughter of an Alzheimer's patient as she attends an Alzheimer's support group, tours residential care facilities, and considers, with her mother, assisted-living options for the mother's final years. (FFHS;c2000)

Alzheimers disease

AUNT HALLIE

7 min; color; h,c,a

1/2" VHS **HC1448,VH**

Tells the humorous story of the narrator's Great Aunt Hallie, who found a used condom in her front yard one day. Shows her taking care of the object with a broom, and feeling sure that it was covered with disease. Illustrates how she became "infected" by the paper hitting the lawn and the extraordinary methods she used to avoid infecting the others of the household. Ends with a simple statement about beliefs and morals. (MEMSST;HAMMONC;FANLIGH;c1989)

Aging

BE WELL SERIES

For descriptions see individual titles:

HEALTH IN THE LATER YEARS [HC1237]

NUTRITION IN THE LATER YEARS [HC1238]

PHYSICAL FITNESS IN THE LATER YEARS [HC1239]

STRESS IN THE LATER YEARS [HC1240]

BEATING TIME SERIES

MINDING TIME [HC1737]

TREATING TIME [HC1736]

BECAUSE SOMEBODY CARES

28 min; color; c,a

1/2" VHS **CC3791,VH**

Shows volunteers, young and old, as they visit older persons who are homebound or in nursing homes. Includes comments by the volunteers as they reflect on their relationships with their elderly friends. Shows how churches and other groups can organize volunteers and services to help the elderly with shopping, meals, transportation, and other necessities. (TERNF;c1979)

Aged; Nursing homes

BIG MAMA

39 min; color; j,h,c,a

1/2" VHS **CC6252,VH**

Follows one grandmother's struggle to get her grandson out of foster care and raise him herself. Documents the grandmother's heart attack and trouble with her grandson following her recovery. Records the events after the grandson sets fire to his grandmother's house. Shows the grandmother and grandson involved in church and family activities, and interviews the grandmother, grandson, other family members, educators and social workers. Concludes with the grandson being placed in residential care. (CANEWSR;c2000)

Adolescence; Aged; Family; Foster home care; Juvenile delinquency

Aging

BODYWATCH SERIES

For descriptions see individual titles:

NOBODY EVER DIED OF MIDDLE AGE [HC1297]
SECRETS OF LONGEVITY [HC1299]

BREAD DAY

53 min; color; c,a

1/2" VHS **CC5769,VH**

Documents the lives of the elderly Russian people in a small township 50 miles north of St. Petersburg. Captures the struggle for survival and the great poverty of this older generation of Russians who are completely cut off from the world except for a weekly train car delivery of bread. Portrays the disturbing reality of traditional life in rural Russia through quiet and carefully executed cinematography. *Russian with English subtitles.* (DVORTSE;ICAR;c1998)

Aged; Anthropogeography—Europe; Poverty; Russia and CIS (1991-)

BUBBEH LEE & ME

35 min; color; h,c,a

1/2" VHS **CC5741,VH**

Presents the video diary of the filmmaker, Andy Abrahams Wilson, as he visits his 87-year-old-grandmother, Bubbeh Lee, at her retirement community in Florida. Displays the complex, close, and tender relationship which exists between grandson and grandmother as they do daily chores together and discuss such issues as immigration, aging, family history, Jewish culture, gay identity, and acceptance. Shows how both grandson and grandmother learn from each other as they share personal reflections on their life stories and viewpoints. (OPENEYP; NEWDAY;c1996)

Aging; Emigration and immigration; Family; Homosexuality; Judaism

CAN YOU SEE ME FLYING?

28 min; color; c,a

1/2" VHS **RC1393,VH**

Introduces Terry Sendgraff, the 54 year-old recipient of the 1989 Isadora Duncan Dance Award, who after undergoing a mastectomy and a second bout of breast cancer, created the art of Motivity, an innovative synthesis of dance, voice, improvisation, choreography and movement on trapezes. Profiles Sendgraff's career and contributions as a choreographer, performer and teacher. Features several performances, including *Hovering*, in which she balances nearly nude on a bungee cord to demystify her mastectomy and to testify to her ability to live creatively even as she struggles with cancer. (YACKERF;FILMK;c1990)

Aging; Dance; Performance art

CAN'T AFFORD TO GROW OLD

55 min; color; c,a

1/2" VHS **HC1358,VH**

Features several families eager to keep their elderly relatives at home but who have exhausted their physical and financial resources to illustrate the health care crisis facing all Americans as they and their parents age. Explains that every year up to one million Americans are forced into poverty by the cost of long-term health care, and only then do they qualify for Medicaid. Includes testimony by law makers and public policy experts on whether the government or the private sector should pay for long-term health care. Shows innovative programs, one private and one publicly funded, that give seniors some options as they experience frailty in old age. Hosted and narrated by Walter Cronkite. (FILMK;r1990)

Aged; Medical economics

CAN'T STOP NOW

54 min; color; h,c,a

1/2" VHS **RC1852,VH**

Tells the stories of virtuosic dancers over the age of forty who are still performing in Netherlands Dance Theatre III. Jiri Kylian, the art director and choreographer of this company, explains his vision for including older dancers in their productions. Interviews dancers Karen Kain, Gary Chryst, Jeanne Solan, Sabine Kupferberg, Martine van Hamel, and Gerard Lemaire about the life transitions they have made in their profession. (THALAEI;FILMK;c1998)

Aging; Ballet; Dance

A CHANGE OF CHARACTER

31 min; color; c

1/2" VHS **HC1770,VH**

Examines Frontal Lobe Syndrome, a condition which changes one's personality and may occur after a stroke. Such damage generally affects one's ability to organize one's activities without affecting elementary abilities. Captures Dr. Elkhonon Goldberg's efforts to rehabilitate his elderly patient Truett Allen. Commentary is provided by Allen's family, Dr. Goldberg, author and specialist Dr. Oliver Sacks, the patient, and the narrator. Family photos, home video, and commentary illustrate Truett's persona before he suffered a series of strokes prior to the onset of Frontal Lobe Syndrome. Methods of treatment and rehabilitation are filmed and described by medical and psychology professionals. (FANLIGH;c2004)

Aged; Brain; Rehabilitation, physical and mental; Stroke patients

CHILLYSMITH FARM

50 min; color; j,h,c,a

1/2" VHS **EC1974,VH**

Documents the true story of the aging and death of Gramps and his wife, Nan, recording a family's decision to care for their grandparents at home rather than placing them in a nursing home. Raises the question of death with dignity as it examines the effects of advancing senility. Focuses on the thoughts and perceptions of family members about the experience, including the grandchildren and great-grandchildren, through still black-and-white photographs, color footage of family events, and comments by family members. Concludes with all family members, including children, present for the birth of a baby girl. (VALLEY;FILMK;c1981)

Aged; Death and dying; Family

CHOICE AND CHALLENGE: CARING FOR AGGRESSIVE OLDER ADULTS ACROSS LEVELS OF CARE

24 min; color; c,a

1/2" VHS **HC1669,VH**

Discusses aggressive behavior by older adults in a residential care facility. Addresses the reasons for aggressive behavior in a variety of situations and examines possible treatments, including psychiatric care facilities, medication, therapy, understanding of the how and why of aggressive behavior, and possible changes in staff activities or routines. Focuses on staff behaviors that can reduce incidents of aggression. (TERNF;FANLIGH;c1998)

Aged; Aggressiveness; Nursing homes

CLOSE HARMONY

29 min; color; p,i,j,h,c,a

1/2" VHS **EC2308,VH**

Presents a group of elementary school students and senior citizens who join together in a unique intergenerational choir. Shows how the children's misconceptions are changed to positive feelings about older people. (LCA;c1981)

Aged; Generation gap; Interpersonal relations

Aging

COMMUNITY MATTERS: HOUSING OPTIONS FOR SENIORS TODAY

27 min; color; c,a

1/2" VHS **CC4639,VH**

Explores housing options for able-bodied senior citizens who, due to the loss of a loved one or a desire for social contact, wish to leave their current living arrangements for a less-solitary environment. Explains four housing choices: Elder Cottage Housing Opportunities (ECHO), Accessory Apartments, Match-up Home Sharing, and Shared Living Residences. Uses real families and their situations to illustrate each alternative. (CORLU;ETSPS; KINETIC;c1990)

Aged; Housing

COMPLAINTS OF A DUTIFUL DAUGHTER

44 min; color; h,c,a

1/2" VHS **CC5109,VH**

Shows the worsening effects of Alzheimer's disease on a woman and traces her daughter's attempts to help her cope. Discusses the beginning of the disease, which grew rapidly worse after the death of the woman's husband, her attempts to compensate by keeping notes, which then turns into an obsession, and her inability to remember what she had done five minutes previously. Explains how the daughter believed her mother was having a series of small strokes and was devastated when the diagnosis was instead Alzheimer's, how she made mistakes in trying to help her mother, how she eventually decided to place her in a home for Alzheimer's patients, and her mother's adjustment. (HOFFMDE;WOMENMM;c1994)

Alzheimer's disease; Parent and child

CROSS STITCHING GENERATIONS

14 min; color; j,h,c,a

1/2" VHS **EC2926,VH**

Depicts an intergenerational project in Louisville, Kentucky, where students from Cane Run Elementary School met with senior citizens from the Christian Church Home. After interviewing their elders regarding the games they had played as children, the students wrote books describing their experiences with the project. (INUCAGA;c1994)

Aged; Education—Experimental methods; Generation gap; Interpersonal relations; Nursing homes

DEPRESSION IN OLDER ADULTS

30 min; color; c,a

1/2" VHS **HC1655,VH**

Discusses the symptoms, causes, and treatments for depression among older adults through interviews with Dr. Dan Blazer, social workers, and older adults who have suffered from severe depression. Stresses that depression can be accurately diagnosed and effectively treated, but can be fatal if ignored. Examines the biological, psychological, social, and existential causes of depression among older individuals and discusses three types of treatment and suicide prevention including psychotherapy, drug therapy, and ECT (Electro Convulsive Therapy). Stresses that the suicide rate among older Americans has been rising, and includes clips from the 1996 hearings of the Congressional Special Committee on Aging which sought to address mental health issues among the elderly. (FANLIGH;c1997)

Aged; Emotions; Mental health; Psychology, Abnormal; Suicide

DEVELOPMENTAL PSYCHOLOGY TODAY FILM SERIES

For descriptions see individual titles:

AGING [CC2478]

A DIFFERENT KIND OF CARE

90 min; color; c,a

1/2" VHS **HC1662,VH**

On Our Own Terms Moyers on Dying Series - Outlines important strides being made in the area of palliative care, which helps to control pain and other symptoms without necessarily prolonging life. Profiles programs run by Dr. Diane Meier at Mount Sinai Hospital and by Dr. Kathleen Foley at Memorial Sloan-Kettering Cancer Center, both in New York. These advances bring peace to those who fear that they will be a burden to loved ones, that they will suffer needlessly, or that they will be abandoned in their hour of greatest need. Also includes footage of Dr. Greg Gramelspancher, an Indianapolis physician who brings palliative care out of the hospital and into the home. (FFHS;c2000)

Death and dying; Nursing homes

DISCOVERING PSYCHOLOGY SERIES

Integrates an historical perspective with recent developments in psychology. Discusses theories, findings of recent research, and classic experiments, while encouraging personal development, curiosity, and critical thinking. Uses computer animation and documentary footage of classic experiments. Hosted by psychology professor Philip Zimbardo.

DISCOVERING PSYCHOLOGY, NO. 17: SEX AND GENDER & NO. 18: MATURING AND AGING

56 min; color; c,a

1/2" VHS **NC1940,VH**

Sex and Gender discusses ways in which men and women are psychologically different and similar. Explores how sex roles reflect social values. *Maturing and Aging* discusses what happens to the body and mind as we age. Focuses on physical and psychological aging. Shows how society reacts to the last stages of life. *Closed Captioned.* (WGBHTV; ANBERG;c1989)

Aging; Sex differences (psychology)

DOC: THE OLDEST MAN IN THE SEA

30 min; color; j,h,c,a

1/2" VHS **HC1124,VH**

Highlights of 57-year-old James "Doc" Counsilman's record-breaking swim of the English Channel are interwoven with flashbacks showing Doc in training for the event and at work coaching his university swimming team. Comments from Doc, Indiana University swimming coach since 1958 and two-time Olympic coach, reflect upon prior attempts by others to swim the Channel, his belief in the health and recreational value of swimming for older people, and his life as a coach and researcher. Captures the enthusiastic encouragement and support given by Doc's wife, his coach, and other boat passengers during all stages of his swim. (WTIU;INUISS;p1980)

Aging; Swimming

DON'T TAKE MY SUNSHINE AWAY

59 min; color; h,c,a

1/2" VHS **HC1508,VH**

Elderly at Risk Series - Examines alternatives to traditional nursing home care and considers various methods employed in England, the Netherlands, and Canada that allow patients some independence, even to the extent of allowing them to remain at home alone. Discusses the emotional, mental, and financial benefits often found in these programs, which include various levels of visiting home care and sheltered housing. Includes one type of alternative care found in the U.S., the Conservation Corps of San Francisco, which gives disadvantaged teens work in maintaining and upgrading the homes of the elderly. (NFBC;FILMK;c1991)

Aged; Nursing homes; Social service

Ageing

DYING, DEATH AND BEREAVEMENT

60 min; color; c,a

1/2" VHS **CC4601,VH**

Growing Old in a New Age Series - Looks at the services older people need to deal with dying and death. Elders share their views on widowhood and management of grief. Experts examine the ethical dilemmas posed by terminal illness. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Death and dying

ELDER ABUSE: FIVE CASE STUDIES

42 min; color; h,c,a

1/2" VHS **CC4435,VH**

Explores the issue of elder abuse, the repeated physical or emotional abuse by a spouse or adult child to which thousands of older Americans are subjected. Features five victims who discuss in chilling and candid terms the injury and pain they fear in their own homes. Gives some insight into the ambivalent feelings felt by victims of this form of domestic violence and suggests the complex issues which make this a difficult problem for them to overcome. (TERNF;c1990)

Aged—Abuse of; Domestic violence

ELDER CARE: THE SWEDISH CHOICE

58 min; color; c,a

1/2" VHS **CC4992,VH**

Emphasizes the need to provide the elderly with a stimulating, independent and dignified existence in which their rights and needs are respected. Examines the Swedish system of care for the elderly and explains in detail how each level of care is provided and funded. Stresses the economic and psychological benefits of helping the elderly stay in their own homes for as long as possible and of having them pay what they are able to afford for their own care, keeping them in control of their lives. Contrasts characteristics of American elderly care with the Swedish system, pointing out potentially transferrable aspects as well as problems. Uses narrated footage with interviews shot in Sweden followed by a panel discussion of the material. (DATELIP;TERNF;c1990)

Aged; Public health; Sweden

ELDERLY AT RISK SERIES

DON'T TAKE MY SUNSHINE AWAY [HC1508]

EMPLOYEE DEVELOPMENT SERIES

For description see individual title:

WORKING LATE WITH ELLIOTT GOULD [BC0364]

EXERCISE: IT'S NEVER TOO LATE

17 min; color; c,a

1/2" VHS **HC1577,VH**

Investigates the attitudes of older adults towards exercise and asks why some don't engage in any physical activity. Speaks about aging with Dr. Maria Fratone, who suggests that staying active is beneficial to making you feel better, both in mind and body. Asserts that inactivity is a serious health risk. States that the right attitude is necessary to make the commitment to exercise. Observes several individuals who participate in some sort of physical activity, ranging from walking, dancing, tai chi, or just stretching. (NEWENRI;FFHS;c1994)

Aging; Physical fitness

EXTENDING THE WARRANTY: ORGAN REPLACEMENT, PROGRESS AGAINST CANCER AND ALZHEIMER'S DISEASE

60 min; color; h,c

1/2" VHS **HC1309,VH**

The Health Century series - Traces the historical elements of modern research methods and treatments to address medical science activities that will most affect the health of the elderly. Centers on the most common diseases of the elderly, revealing current efforts to understand and solve them. Includes interviews with experts in Alzheimer's disease, artificial hearts, liver transplants, and cancer. (BLACKCO;PBSV;p1987)

Aged; Diseases; Medicine

FACES OF CULTURE SERIES (REVISED)

ALEJANDRO MAMANI: A CASE STUDY IN PSYCHOLOGICAL ANTHROPOLOGY (EPISODE 6)

28 min; color; c,a

1/2" VHS **CC4947,VH**

Alejandro Mamani, an elderly Aymara Indian, is subject of this ethnographic study of mental illness and the approach of death. Mamani, a village leader, believes he has been invaded by evil spirits and, in the exhaustion brought on by sleeplessness, despairs of losing his faculties and becoming dependent on his children. Offers insights into the treatment of mental problems and the elderly within all cultures and raises many questions, including what constitutes mental illness and what are some social consequences of mental disturbances. *Closed Captioned.* (COACOD;COASTEL;c1994)

Aged; Anthropogeography—South America; Mental health

FAMILY AND INTERGENERATIONAL RELATIONSHIPS

60 min; color; c,a

1/2" VHS **CC4598,VH**

Growing Old in a New Age Series - Profiles older people as spouses and grandparents and looks at how elders help sustain family traditions and culture. Older adults describe the satisfactions and stresses of caring for spouses and frail parents. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Family

THE FUTURE OF AGING

60 min; color; c,a

1/2" VHS **CC4603,VH**

Growing Old in a New Age Series - Explores potential generational conflicts, resource implications of a growing population of elders, and the role of technology in improving quality of life for older adults. Experts describe how aging will be different in the 21st century. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Future studies

GAY & GRAY IN NEW YORK

22 min; color; c,a

1/2" VHS **EC2959,VH**

Focuses on the gay and lesbian elderly population of the New York City area, which numbers at about 45,000. Looks at problems unique to this aging population; e.g., gay seniors are twice as likely to live alone than heterosexual seniors. Traces the history of the gay rights movement and compares what life is like for today's young homosexuals with that of older generations. Shows the interdependence of the generations. Looks at organizations such as SAGE, which help elderly gay people in New York City. Includes interviews with gay and lesbian senior citizens. (FANLIGH)

Aged; Aging; Homosexuality

Aging

GIANTS OF TIME: THE WISDOM OF AGE

57 min; color; c,a

1/2" VHS **CC4447,VH**

Interviews several people aged 90 to 110, reviewing their lives and memories through statements and poetry. Uses pictures and film of the different time spans being discussed to assist the viewer in appreciation of the era. Relates experiences that span almost three centuries and shows how those experiences were common to all of the people interviewed. Includes several personal statements of philosophy and religious belief. Ends with a gathering of all of the people interviewed, showing their celebration of life. (JUNIPER;FILMK;c1990)

Aged; Aging

GRACE

58 min; color; c,a

1/2" VHS **EC2820,VH**

Videotaped ten years after the initial diagnosis of Alzheimer's disease, documentary shows the daily care provided for Grace by her husband and a foster home. Grace now needs constant supervision and considerable assistance with activities of daily living, personal hygiene, and the bathroom. She rarely speaks and does not follow conversations. Her husband and foster home caregiver share both practical and emotional solutions for caregiving with Grace. (COHSUHA;WHITEBI;UMDVP;c1991)

Alzheimers disease

GRAND GENERATION

28 min; color; j,h,c,a

1/2" VHS **CC4864,VH**

Talks with six people aged 75 through 102 about their lives and what aging has meant to them. Discusses their memories, their past careers, and their current interests and activities. Presents people from a variety of social, cultural and ethnic backgrounds. Emphasizes that the young can and should learn from the experiences of their elders. Argues against the stereotype of the old as being lost in the past or helpless, showing people who are still healthy, active and involved. Includes quiltmaking and folk singing based on memories of past events. (WAGNERP;FILMK;c1993)

Aged; Aging

GRANDMA'S BEEN ARRESTED

16 min; color; h,c,a

1/2" VHS **EC2297,VH**

Illustrates the problems surrounding the growing number of elderly people being arrested for shoplifting and other crimes. Explores how the courts are dealing with this problem by setting up alternative counseling programs instead of jail sentences. Points out the need for more extensive support systems for the elderly. (CBS;CORT;c1983)

Aged; Shoplifting

GROWING OLD IN A NEW AGE SERIES

Features commentary by gerontological experts and conversations with more than seventy-five older adults interviewed over a two-year period. A developmental picture of aging is revealed as the elders' stories unfold in each program.

DYING, DEATH AND BEREAVEMENT [CC4601]

FAMILY AND INTERGENERATIONAL

RELATIONSHIPS [CC4598]

THE FUTURE OF AGING [CC4603]

HOW THE BODY AGES [CC4592]

ILLNESS AND DISABILITY [CC4600]

INTELLECT, PERSONALITY AND MENTAL

HEALTH [CC4596]

LEARNING, MEMORY AND SPEED OF

BEHAVIOR [CC4595]

LOVE, INTIMACY AND SEXUALITY [CC4594]

MAXIMIZING PHYSICAL POTENTIAL OF OLDER

ADULTS [CC4593]

MYTHS AND REALITIES OF AGING [CC4591]

SOCIAL ROLES AND RELATIONSHIPS IN OLD

AGE [CC4597]

SOCIETAL AND POLITICAL ASPECTS OF

AGING [CC4602]

WORK, RETIREMENT AND ECONOMIC STATUS

[CC4599]

HARVEST OF AGE SERIES

The aging experience can vary greatly depending upon the culture into which one is born. Each program asks the question: how is the quality of one's elder years affected by the way in which a culture nurtures and supports its members as they grow old?

MY MEMORIES ARE HERE—ITALIAN ELDERS

[CC5253]

PULLING TOGETHER—COMMUNITY

DOUKHOBOR ELDERS [CC5254]

SOMETHING LEFT TO DO—ELDERS OF

STO:LO NATION [CC5252]

THE HEALTH CENTURY SERIES

Traces the unique partnership of government, academia, and industry in the advancement of medical science in America. Profiles the people committed to their patients and to the science of health and healing.

EXTENDING THE WARRANTY: ORGAN

REPLACEMENT, PROGRESS AGAINST

CANCER AND ALZHEIMER'S DISEASE

[HC1309]

HEALTH IN THE LATER YEARS

24 min; color; c,a

1/2" VHS **HC1237,VH**

Be Well Series - Explains that growing older doesn't have to mean disability. Demonstrates the importance of nutrition, physical fitness, and stress reduction. Gives advice on medical care, medication, self-prescription, and smoking. (CHUH;c1983)

Aging; Hygiene

THE HEART HAS NO WRINKLES

15 min; color; h,c,a

1/2" VHS **CC5059,VH**

Dramatic presentation of elders' perspectives on sexuality in which a woman resident who is new to an Australian nursing home discovers a romance with an old acquaintance and forces a young worker in the facility to better understand that the residents need privacy. Points out that elders don't stop having sexual needs simply because they are older and that these needs should be respected. Shows that sexual anxieties and questions can happen at any time and that professional and caring counseling is useful regardless of age. (HEAMEGE;TERNF;c1988)

Aged; Nursing homes; Sex education

Aging

HELLO IN THERE

19 min; color; h,c,a

1/2" VHS **HC1634,VH**

Defines and demonstrates "person-centered care," a nursing practice that emphasizes relating to patients as whole people, with families, values and histories that go beyond their current medical needs. Includes footage of nurse-patient interactions and interviews with nurses, patients and their families. (DOWNEPA;FANLIGH;c1996)

Aged; Holistic medicine; Nurses and nursing; Nursing homes

HOME CARE FOR PEOPLE WITH ALZHEIMER'S DISEASE SERIES

Three part series designed to address the day-to-day home care challenges of Alzheimer's disease. Provides the nonprofessional home caregiver with both an overview and the specifics to help with three aspects of caring for someone with Alzheimer's disease. Subjects covered are: 1. Communication; 2. Activities of Daily Living; 3. Home Safety.

COMMUNICATION

16 min; color; c,a

1/2" VHS **HC1603,VH**

Looks at the nature of Alzheimer's disease in relation to communication losses, common problems the caregiver encounters, techniques to maintain and enhance both verbal and nonverbal communication, and how to anticipate and work through communication problems and difficulties. (CLEWSVI;ASPENPU;c1995)

Alzheimers disease; Communication

ACTIVITIES OF DAILY LIVING

16 min; color; c,a

1/2" VHS **HC1604,VH**

Program covers structuring activities, setting the table, selecting different types of foods, and maintaining existing eating habits for the home care provider for Alzheimer's patients. Demonstrates methods for guiding various activities such as washing, brushing teeth, getting dressed, planning and going on an outing, and for handling various behaviors caused by Alzheimer's disease such as anger, arguing, and agitation. (CLEWSVI;ASPENPU;c1995)

Alzheimers disease

HOME SAFETY

16 min; color; c,a

1/2" VHS **HC1605,VH**

Program covers general safety issues for the home care provider for Alzheimer's patients: how to avoid stumbles and falls, safety in the bathroom and kitchen, dealing with wandering, and coping with "sundowning," the tendency of Alzheimer's patients to become active and agitated in the evening. (CLEWSVI;ASPENPU;c1995)

Alzheimers disease; Safety education

HOUSE DIVIDED: CAREGIVER STRESS AND ELDER ABUSE

35 min; color; c,a

1/2" VHS **CC4182,VH**

Presents the problem of elder abuse in which older persons are subjected to physical, psychological, or financial abuse by their younger caregivers. Interviews three individuals who have encountered abuse, following them through social service agencies which are set up to aid them. (NFBC;FILMK;c1988)

Aged-Abuse of

HOW THE BODY AGES

60 min; color; c,a

1/2" VHS **CC4592,VH**

Growing Old in a New Age Series - Focuses on the universal changes in appearance and organ function that accompany aging and explains how other changes can be prevented. Describes advances in cellular research and the search for biomarkers of aging. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;r1993)

Aging; Physiology

I KNOW A SONG

24 min; color; c,a

1/2" VHS **CC3619,VH**

Documents the story of a mother and daughter's journey with Alzheimer's disease. Recalls the daughter's memories of her mother when younger, through photos and 8mm film, and her care of her mother now in a wheelchair and in a nursing home. Presents the difficulties of loving a person when love is no longer convenient. (KINGBR;FILMK;p1986)

Alzheimers disease; Parent and child

I NEVER PLANNED ON THIS: AN AFFIRMATIVE APPROACH TO LATER YEARS

46 min; color; h,c,a

1/2" VHS **HC1507,VH**

The Nature of Things series - Explains the aging process and life span of human beings. Discusses the physiological and psychological changes that occur in the body as one grows older. Interviews and profiles several older men and women, sharing the thoughts and feelings of each concerning the topic of retirement. Notes the importance of exercise, independence, and keeping active if one is to remain in the best possible condition. (CBC;FILMK;c1989)

Aging; Developmental psychology; Physiology

I'D RATHER BE HOME

30 min; color; c,a

1/2" VHS **CC6207,VH**

Follows the last seven years of Norman Sorenson's life, starting when the 77-year-old man, who has been abused by his son, reports his case to social workers. Interviews Norman about his relationship with his son and discusses the current situation which has led to his abuse. Highlights Norman's love and concern for his son to the point that he refuses to take legal action against him. Looks at Norman's relationship with his wife, who denies that their son has abused Norman, and concludes with Norman's psychiatric evaluation, which will determine whether or not he has the mental capacity to decide to return to a bad home life that continues to threaten his safety. (TERNF;c1997)

Aged-Abuse of

ILLNESS AND DISABILITY

60 min; color; c,a

1/2" VHS **CC4600,VH**

Growing Old in a New Age Series - Examines chronic health problems and availability of support services. Older people discuss how they cope with physical and mental illness and face tough decisions regarding institutionalization and costs of long-term care. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Diseases

IMAGES OF AGING

18 min; color; c,a

1/2" VHS **CC4331,VH**

Shows the diversity inherent in the experience of aging. An entertaining and informative look at the different sides of aging. (TERNF;n.d.)

Aging

Aging

INTELLECT, PERSONALITY AND MENTAL HEALTH

60 min; color; c,a

1/2" VHS **CC4596,VH**

Growing Old in a New Age Series - Examines intellectual function and the nature of personality as we age. Gerontologists describe longitudinal and cross-sectional research designs in studying intellect and personality over the lifespan. Older adults discuss mental health and techniques for coping with stress. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Developmental psychology

IS IT HOT IN HERE? A FILM ABOUT MENOPAUSE

38 min; color; c,a

1/2" VHS **EC2328,VH**

Offers much-needed information about one of the least understood and most widespread of women's experiences and examines attitudes toward menopause, pointing out the negative images and stereotypes people have of women going through this stage of life. Speaks with several women who discuss their experiences with menopause and describes related issues such as hormone replacement therapy, surgical menopause, osteoporosis, sexuality, the benefits of exercise, vitamin and mineral supplements, and support groups. Illustrates society's attitude toward menopause with a series of historical drawings that portray women as frail and infirm and a series of contemporary ads of pharmaceutical companies showing women during menopause as dependent and in distress. (NFBC;AIMS;c1987)

Aging; Sex education; Women

LEARNING, MEMORY AND SPEED OF BEHAVIOR

60 min; color; c,a

1/2" VHS **CC4595,VH**

Growing Old in a New Age Series - Explores what happens to mental capacities as we age. Techniques used to maintain and augment mental functioning are examined. Elders explain why lifelong learning is crucial. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Developmental psychology; Learning, Psychology of

LEARNING TO BE HUMAN SERIES

For descriptions see individual titles:

THE SHOPPING BAG LADY [CC2713]

LEGACY OF AMERICA'S INDIAN ELDERS

30 min; color; c,a

1/2" VHS **CC5255,VH**

Elders from several tribes, including Navajo, Sioux and Tohono O'odham, speak about the federal government's long trail of broken promises to tribes. They explain how reservation elders have been affected, and how they are triumphing despite the odds. Shows several existing programs for elders and the difficulties faced in providing services for Indian elders. (NAINDCA;TERNF;c1994)

Aging; Indians of North America

LIFE SERIES

THE SILVER AGE [CC5939]

LONG SHADOWS: STORIES FROM A JEWISH HOME

52 min; color; c,a

1/2" VHS **CC6280,VH**

Chronicles the life of several holocaust survivors in a specialized nursing home in Australia. Focuses on the people's stories, how they were affected by the holocaust and how they came to the nursing home. Relates how survivors' memories come back to them in the nursing home and how they have different concerns than a non-holocaust survivor. (FILMK;c2001)

Aged; Holocaust; Mental health; Nursing homes

LOVE, INTIMACY AND SEXUALITY

60 min; color; c,a

1/2" VHS **CC4594,VH**

Growing Old in a New Age Series - Older couples speak frankly about their enjoyment of sex. One couple finds sex plays a smaller role in their relationship, another man finds fulfillment as a homosexual. Experts examine physical and emotional issues of sexuality. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Sex education

MAGGIE

21 min; color; h,c,a

1/2" VHS **CC5113,VH**

Interviews Maggie Kuhn, founder of the Gray Panthers, for her thoughts on intergenerational issues. Gives her perspective on the division between young and old in America and urges unification of the ages in order to change the world, keeping an historical perspective to prepare for the change. Lists the four M's: Mentor, Mediator, Monitor, and Mobilizer as roles which we need to fulfill. Proclaims that we need to embrace this time of unprecedented change. (POINVIE;TERNF;c1994)

Aged; Generation gap; Interpersonal relations; Social adjustment

MAN ALIVE SERIES

AGING AND SAGING [CC5626]

THE MIDLIFE PASSAGE [EC2922]

MAXIMIZING PHYSICAL POTENTIAL OF OLDER ADULTS

60 min; color; c,a

1/2" VHS **CC4593,VH**

Growing Old in a New Age Series - Considers ways to develop the greatest physical potential in an aging individual while compensating for the effects of aging. Elders describe how lifestyle choices have helped them maintain an active, healthy life. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;c1993)

Aging; Physical fitness

MEDICAL DIARY SERIES

ANNA'S STORY: FADING MEMORIES [HC1722]

MENOPAUSE: GUIDELINES TO A HEALTHY LIFE

35 min; color; c,a

1/2" VHS **HC1522,VH**

Women's Health Series - Explains menopause, its symptoms, typical body changes, and the risks, long-term implications, and benefits of hormone replacement therapy. Hosted by NBC News "Today" medical correspondent Holly Atkinson, M.D. (AMC;GREATPE;c1993)

Aging; Sex education; Women

MENOPAUSE: LIVING THE CHANGE

30 min; color; c,a

1/2" VHS **HC1513,VH**

Discusses the perceptions and realities of menopause. Considers the basic symptoms, age of onset, and a few of the symptomatic treatments available. Focuses on the benefits and drawbacks of Hormone Replacement Therapy, as well as the controversy surrounding the widespread use of this therapy by doctors. Emphasizes the need for women to make their own informed decisions in this and other matters, and discusses the changing attitudes of women towards aging. (GORBMAL;FILMK;c1993)

Aging; Medicine; Physiology; Sex education; Women

MIDDLE ADULTHOOD SERIES

MIDLIFE CRISIS? [EC3034]

PHYSICAL DEVELOPMENT: A TIME OF CHANGE [EC3033]

Aging

MIDLIFE CRISIS?

28 min; color; c,a

1/2" VHS **EC3034,VH**

Middle Adulthood series - Explains that middle adulthood, defined as ages 40 to 65, is a recent historical development resulting from longer human life spans. Explores this stage as a time for self-assessment, as middle-aged people look both forward and back, taking stock as they realize that their lives are more than half-over. Debates whether this is an actual crisis period or just another "transitional phase" with new challenges and opportunities. Explains reasons for different reactions between men and women: women in a more traditional role are dealing with the "empty nest," while men are assessing the successfulness of their careers. Interviews several people whose reactions to this new period vary from excitement to anxiety. (MAGNASI;c1997)

Aging; Developmental psychology

THE MIDLIFE PASSAGE

23 min; color; c,a

1/2" VHS **EC2922,VH**

Man Alive Series - Explores the spiritual and psychological crisis and the conflicting emotions that many adults experience during their middle-aged years. Presents comments by individuals who have experienced the death of a loved one or parent, and who are questioning their careers, life goals, and priorities as a result. (CBC;FFHS;c1998)

Aging; Developmental psychology; Mental health

THE MIND SERIES

Introduces the current state of knowledge about the mind and such fundamentals as sense of self, language, memory, dysfunction and the unconscious. Describes the workings of the mind. Interviews scientists shown at work on case studies investigating such things as how the mind changes over time, what affects its operation, where specific activities in the brain occur, why it behaves in certain ways, and how it differs from the brains of other animals. Provides examples of the scientific process and its applications to society.

THE MIND, NO. 3: AGING

60 min; color; c,a

1/2" VHS **NC1830,VH**

Explores what happens to the brain and mind during the aging process. Examines the question of why some people age and still retain full mental capacity while others lose agility of the mind. Raises questions regarding some of the long-held stereotypes about aging and the mind. Explores the diseases of aging including stroke, Alzheimer's and Parkinson's disease, emphasizing these diseases are quite distinct from normal aging. Presents experiments which prove that even in old age new brain connections can be formed. Focuses on the phenomenon of wisdom, which is most commonly associated with older minds. *Closed Captioned.* (EDUCBC;PBSV;c1988)

Aging; Alzheimers disease; Brain

MINDING TIME

22 min; color; c,a

1/2" VHS **HC1737,VH**

Beating Time series - Provides expert research and empirical evidence to support many new techniques and methods of keeping human bodies younger and healthier. Profiles two individuals as they experience first-hand a number of ways many people today seek healthier and richer lives, from bio-feedback to laughter. Describes and outlines many of the options available to assist in having a full life. (FFHS;c2002)

Aging

MORE THAN SKIN DEEP

25 min; color; h,c,a

1/2" VHS **EC3046,VH**

Chronicles the lives of some elderly women in a long-term care facility and the issues such as loneliness and disorientation that they face. Highlights how it helps their self-esteem to go to the beauty parlor by giving them back some normalcy to their lives and helping them to age with dignity. (FANLIGH;c2001)

Aging; Hygiene; Nursing homes; Women

MY MEMORIES ARE HERE-ITALIAN ELDERS

28 min; color; c,a

1/2" VHS **CC5253,VH**

Harvest of Age Series - The past and present intertwine to define the lives and hardships of four Italian-Canadian elders as they recall their weddings, music, hobbies, faith, and friendships and discuss what it's like to grow old. (SPINDLP;PASTIPL;TERNF;c1995)

Aging; Canada-Social life and customs; Emigration and immigration

MY MOTHER, MY FATHER

34 min; color; c,a

1/2" VHS **EC2258,VH**

Examines four families and their deep and often conflicting emotions as they deal with the stresses and changes involved in caring for an aging, and often ill, parent. Different approaches to caring are used by the four families: living-in with offspring, adult day care, and nursing home care. Suggests that each family must find its own solutions to caregiving problems based on the individual family's circumstances. (TERNF;c1984)

Aged; Family

MY MOTHER, MY FATHER: SEVEN YEARS LATER

42 min; color; c,a

1/2" VHS **EC2575,VH**

Revisits, seven years later, the four families involved in the 1984 documentary *My Mother, My Father*, a film about the decisions adult children of aged parents must make concerning issues such as medical care and housing for their parents. Relates that Mrs. Gerali, who is now 93 years old and in good health, has moved from her daughter's home to an independent-living seniors' complex nearby. Relates that Mrs. Hagwood has moved out of her daughter's home and into a nursing home and tells how her daughter and son-in-law feel about the arrangement. Relates that Mrs. Tjeerdema is well but didn't wish to participate in the second documentary. Informs viewers that Mr. Honel died one year after the original film was made. Shows a discussion between the Honel family about how the children might deal with a similar situation should it arise in the next generation. (TERNF;c1991)

Aged; Family

MYTHS AND REALITIES OF AGING

60 min; color; c,a

1/2" VHS **CC4591,VH**

Growing Old in a New Age Series - Examines ageism and looks at common myths of aging. Some of the myths examined are that most older people are ill; there is no sex after sixty; the right product can halt the aging process; aging brings memory loss; and that older family members are ignored. *Closed Captioned.* (PBSV;UHAMAC;ANBERG;r1993)

Aging; Prejudices and antipathies

THE NATURE OF THINGS SERIES

For descriptions see individual titles:

I NEVER PLANNED ON THIS: AN AFFIRMATIVE APPROACH TO LATER YEARS [HC1507]

Aging

NICE WEATHER, MR. PRADHAN!

28 min; color; c,a

1/2" VHS **CC5222,VH**

Rajendra Pradhan, a Nepalese anthropologist, studied the care of the aged in Dutch society in Schoonrewoerd, a small town in the Netherlands. What Mr. Pradhan didn't expect was to become the object of close scrutiny himself, as his subjects, with little prior exposure to a Nepalese, found his presence in their community rather curious. Goes on to demonstrate how the initial wariness of the Dutch seniors is broken down and transformed into a peculiar but very real fondness for Mr. Pradhan. A good example of the benefits that can be derived when one culture encounters another. (MONNIVI;ICAR;c1989)

Aging; Anthropology; Netherlands

NO KNOWN CURE

31 min; color; h,c,a

1/2" VHS **NC1965,VH**

Presents new research techniques that may help find a cure for Alzheimer's disease, which now takes a tragic toll on victims and their families. (CBC;FI;c1987)

Alzheimers disease; Medicine

NO PLACE LIKE HOME

55 min; color; c,a

1/2" VHS **CC3620,VH**

Presents alternatives to nursing homes for care of the elderly. Traces the history of nursing homes back to the 1800s. Visits several programs that provide home care for the elderly and explains that this kind of care is often less expensive and preferred by many older people. Narrated by Helen Hayes. (WNET/13;FILMK;p1982)

Aged; Nursing homes

NOBODY EVER DIED OF MIDDLE AGE

30 min; color; h,c,a

1/2" VHS **HC1297,VH**

Bodywatch Series - Demonstrates simple steps men and women can use to stay in shape and beat the gradual decline in physical work capacity common in middle age. (WGBHTV;CORT;r1986)

Aging; Physical fitness

NUTRITION IN THE LATER YEARS

24 min; color; c,a

1/2" VHS **HC1238,VH**

Be Well Series - Describes the special nutritional requirements of older people. Explains the dangers and discomforts of too much or too little. Gives advice and tips on how to change poor eating habits. (CHUH;c1983)

Aging; Nutrition

OLD ENOUGH TO KNOW BETTER

58 min; color; h,c,a

1/2" VHS **EC2963,VH**

Introduces the Fromm Institute for Life Long Learning, which is entirely composed of retired persons. Illustrates the enormous interest in continuing education for the elderly and emphasizes the positive effect it has on the participants. Discusses the psychological benefit of active learning for the aged. Talks to Hanna Fromm, co-founder of the program, as she discusses the "graying" of America in a culture which values youth. Uses interviews to give insight into the lives and motivations of older people. (ICAR;c2000)

Adult education; Aging; Education--Experimental methods; Universities and colleges

ON OUR OWN TERMS MOYERS ON DYING SERIES

A DIFFERENT KIND OF CARE [HC1662]

A TIME TO CHANGE [HC1664]

ON THE ROAD

26 min; color

1/2" VHS **CC5529,VH**

Ways We Live Series - Explores the adventurous lives and strong community ties among some of the estimated two million older people who live in recreational vehicles year round. Anthropologists David and Dorothy Counts interview RV enthusiasts in New Mexico and Texas who left their home communities for a life of freedom on the road, only to create an incredibly strong community of like-minded souls, modern-day nomads who stay in cooperatively-built RV parks and volunteer-run care centers. (SPRINDA;MACANHE;BULFROG;c1997)

Aging; Anthropogeography--North America; Folklore

ORGANIC MENTAL DISORDERS

60 min; color; c,a

1/2" VHS **NC2066,VH**

World of Abnormal Psychology Series - Looks at three different cases of organic brain disorders: a teenager who must relearn basic skills following a head injury; a man who loses his short term memory after years of alcohol abuse; and a man struggling against the ravages of Alzheimer's disease. Examines the role of science and technology in treating these debilitating disorders. *Closed Captioned.* (PERLMAL;ANBERG;c1991)

Alzheimers disease; Brain; Psychology, Abnormal

A PERSPECTIVE OF HOPE--SCENES FROM THE TEACHING NURSING HOME

28 min; color; c,a

1/2" VHS **CC3785,VH**

Documents the role of the Robert Wood Johnson Foundation's Teaching Nursing Home Program in improving the quality of care available in nursing homes. Illustrates how working with student nurses keeps the staff members current on procedures and provides students with opportunities to transfer what is learned in the classroom to real situations. Stresses that nurses have a responsibility to inform the public that good care is possible in nursing homes. Interviews students, nursing staff, and patients to reveal concerns and current conditions of nursing homes. (UPENN;FANLIGH;c1987)

Nurses and nursing; Nursing homes

PHYSICAL DEVELOPMENT: A TIME OF CHANGE

28 min; color; c,a

1/2" VHS **EC3033,VH**

Middle Adulthood series - Explains the physical changes that take place in middle adulthood (ages 40 to 65), from graying hair and wrinkling skin to lost bone and muscle strength, and weakening vision and hearing. Points out that the rate of aging and risks of death are based mostly on lifestyle factors, such as smoking, nutrition, and exercise habits, with cancer and heart disease being the main causes of death. Acknowledges a double standard in the perception of aging in men and women. Explains menopause, its effects, and possible treatments, including hormone replacement therapy; and reviews changes in men's sexual performance with age. (MAGNASI;c1997)

Aging; Hygiene

PHYSICAL FITNESS IN THE LATER YEARS

23 min; color; c,a

1/2" VHS **HC1239,VH**

Be Well Series - Considers the benefits of exercise for older people: how it can help keep the body parts functioning, lessen pain and provide a feeling of well being. Illustrates different kinds of exercise programs. Suggests cautions and ways to get motivated to exercise. (CHUH;c1983)

Aging; Physical fitness

Aging

PORTRAITS OF AGE

29 min; color; j,h,c,a

1/2" VHS **CC5182,VH**

Visits several geographic areas to offer a cross-cultural view of how the elderly are regarded. Observes some of the responsibilities and activities of the older generation in each area. Focuses on the concept of helping this age group—one of the fastest growing populations—to retain their pride, independence, and productivity. Supports the value of the aged and aging in terms of their knowledge and wisdom. (UN:ICAR;c1994)

Aged; Aging; Anthropology

PULLING TOGETHER—COMMUNITY DOUKHOBOR ELDERS

30 min; color; c,a

1/2" VHS **CC5254,VH**

Harvest of Age Series - Looks at the personal and emotional journeys of four Community Doukhobor elders from British Columbia's Kootenay Valley. Explains the meaning of Doukhobor as "spirit wrestler," and the sect as a pacifist Christian group with no church or clergy that worships with ritual and unaccompanied choral singing. The few remaining members living in British Columbia are descendants of 8,000 immigrants who came from Russia in the late 19th century. Though they have modern homes and farms, they practice a philosophy of living a simple life. (SPINDLP;TERNF;c1995)

Aging; Canada—Social life and customs; Christianity

RESISTING CARE

13 min; color; c,a

1/2" VHS **HC1653,VH**

The Alzheimer's Challenging Behavior series - Explores the possible reasons for resistance to care by an Alzheimer's or dementia sufferer. Features the commentary of educators, administrators and caregivers and provides examples of resistance and proper redirection. Encourages seeing resistance to care as a way for patients to express themselves and suggests asking a variety of questions about patients' physical and emotional states. Encourages a re-approach technique to resistance to care and stresses the correct timing of caregiving. (FANLIGH;c1997)

Alzheimer's disease; Nursing homes

RESPIRE: TAKING CARE

22 min; color; h,c,a

1/2" VHS **HC1447,VH**

Interviews several individuals who are taking care of the elderly. Covers various situations ranging from standard nursing home situations, live-in caretakers, and adult day care programs, to simple check-in arrangements with the elderly person living alone. Profiles the different care providers, who discuss their reasons for choosing this work. Gives professional advice concerning respite care, and offers a current state of affairs with the movement nationwide. (FEINBEJ;FANLIGH;c1989)

Aged

RESPONSIVE HEALTH CARE FOR MINORITY ELDERLY

39 min; color; c,a

1/2" VHS **HC1492,VH**

Through interviews with patients, demonstrates the need for health professionals working with elderly minority patients to expand the traditional concept of assessment to include psycho-social, cultural, educational, economic, and environmental factors. Emphasizes the importance of integrating the patient into the health care system, including patient education and preventive medicine. (WHICOPR;UMD;c1989)

Aged; Ethnic groups; Medicine; Nurses and nursing; Public health

RETIREMENT PLANNING: THINKING AHEAD

13 min; color; c,a

1/2" VHS **CC3398,VH**

Takes a look at some of the preparations necessary for a successful retirement. Identifies several pitfalls of retirement and a variety of legal, financial, and psychological steps people can take to make retirement more productive and enjoyable. Emphasizes the need to start planning for retirement early and suggests several things people can do to prepare themselves for retirement, such as monitoring one's health, developing other interests besides work, and developing a financial plan. (CORT;c1985)

Aging; Consumer education

A RIPPLE IN TIME

24 min; color; c,a

1/2" VHS **EC2873,VH**

A mature couple, aged fifty and sixty-three, engage in lovemaking. Alternates interludes of conversation with leisurely and active sexuality. *Note: Includes sexual situations.* (MULTIFO;c1974)

Aging; Sex—Research

ROSE BY ANY OTHER NAME

15 min; color; c,a

1/2" VHS **EC2499,VH**

Dramatizes the dilemma of Rose Gordon, nursing home resident, who is in conflict with administrators when her "personal life," involving overnight visits with a male resident, violates a rule forbidding sexual relationships between residents. Presents the residents in a realistic manner, and debunks myths about age and sexuality. Uses an open-ended conclusion to explore the issues of institutional vs. individual rights and the rights of nursing home residents to privacy, personal control, and sexual/emotional relationships of their choice. (KELLERJ;TRICEPT;c1976)

Aged; Nursing homes; Sex education

SEASONS OF LIFE SERIES

Hosted by David Hartman, this series provides information about human development from infancy through old age.

SEASONS OF LIFE, NO. 5: LATE ADULTHOOD (AGES 60+)

60 min; color; h,c,a

1/2" VHS **NC2023,VH**

Indicates that the final season of life is dominated by the psychological clock, while the biological clock begins to wind down. Concludes with an examination of this last stage of development, when people consider whether the story of their life has been a good one. What might they still do to change or add to their lives in this last season? *Closed Captioned.* (WQEDTV;ANBERG;c1990)

Aging; Developmental psychology

THE SECRET LIFE OF THE BRAIN SERIES

Explores the results of a decade of research on the brain and the new revelations of neuroscience. Uses a mix of personal stories, expert commentary, and animation to voyage inside the most complicated organ. Narrated by actress Blair Brown.

THE AGING BRAIN: THROUGH MANY LIVES

60 min; color; c,a

1/2" VHS **NC2392,VH**

Explores the latest research on the aging brain, which appears to be more resilient than earlier believed, with most mental functions intact in the healthy brain.

Follows the remarkable strides in understanding stroke, Alzheimer's, and Parkinson's diseases. (PBSV;c2001)

Aging; Brain; Developmental psychology

Aging

SECRETS OF LONGEVITY

29 min; color; h,c,a

1/2" VHS **HC1299,VH**

Bodywatch Series - Dispels many of the myths people have about growing old, including the myth that older people lose their sex drive along with their memory. Interviews fashion model Carmen, who posed nude after the age of 40. (WGBHTV;MTI;r1987)

Aging

SEE FOR YOURSELF

15 min; color; c,a

1/2" VHS **HC1645,VH**

Describes the warning signs of possible eye disease, as well as the common eye conditions affecting older people, and demonstrates what can be done to help a person who has impaired or low vision. (LIGHTHI;c1995)

Aging; Eye-Care and hygiene; Vision

SEVEN DAYS A WEEK

30 min; color; c,a

1/2" VHS **CC3787,VH**

Presents the management style of Jacqueline Mason, nursing home owner, who focuses on developing teamwork among her staff and emphasizes restorative nursing and personal interaction. Explains that restorative nursing encourages residents to function independently by helping them exercise to regain use of important muscles that have fallen into disuse. Divides the responsibilities of the aides into two types of positions—a unit care aide to monitor the patient's environment and a direct care aide to care for the patient's body needs—thus giving the aides more time to interact personally with the patients. Observes the residents participating in various activities, aides practicing restorative nursing with patients, and the aides receiving training on how to exercise limbs of patients who resist exercising. (TERNF;c1988)

Nurses and nursing; Nursing homes

THE SHOPPING BAG LADY

21 min; color; j,h,c,a

1/2" VHS **CC2713,VH**

Learning to Be Human Series - Dramatizes the communications problems between people of different generations by focusing on Annie Lewis, a lonely old woman living under a bridge in Central Park, and a group of teenage girls who seem to enjoy making fun of her. Relates an incident in which Annie is accused of attempting to kidnap a little boy. Pictures Emily, one of the young girls, as she looks through Annie's photograph album and realizes that Annie was once a young and vital person. Depicts Emily as she visits Annie in the hospital to return her belongings. (LCA;NLA;c1975)

Aged; Generation gap; Homelessness; Interpersonal relations

THE SILVER AGE

25 min; color; j,h,c

1/2" VHS **CC5939,VH**

Life Series - Compares different family treatment of and state policies on the elderly in India, Japan, and Tunisia. In India, follows Mrs. Bai's change-of-life adjustments in becoming a breadwinner for her daughters after her husband's death. Discusses the breakdown of the extended family system and the implications this has for caring for the elderly. Documents how Japan has subsidized voluntary care for the elderly and how Tunisia is running its own aged persons' homes as state policies in meeting the care needs of an increasing number of elderly citizens. Traces how Tunisians in France negotiate caring for their families by sending remittances back home, caring for their aged, and protecting their youth from being negatively affected by Western values. (BULFROG;c2000)

Africa; Aged; Anthropology; Family; India; Japan; Nursing homes

SILVER INTO GOLD

24 min; color; c,a

1/2" VHS **HC1362,VH**

Focuses on the difficulties and triumphs of Gail Roper and Sister Marion Irvine, both age 55, as they train for swimming and track events in Masters Competition.

Relates how Gail began training for swimming competition at age 44, thereby ending a two-decade sabbatical from her previous swimming career. Describes the prejudices against female athletes that Gail faced in the 1950s and still must contend with in the 1980s. Reveals that Marion led a sedentary life until the age of 48 when she began running and that in 1984 she became the oldest athlete to qualify for the Olympic trials in track and field. Stresses that by being physically fit both women have a more positive attitude toward life and that they feel ageless when they are competing. (MUELLYN;BARR;c1986)

Aging; Sports; Women

SOCIAL ROLES AND RELATIONSHIPS IN OLD AGE

60 min; color; c,a

1/2" VHS **CC4597,VH**

Growing Old in a New Age Series - Looks at how family, friendship, and work roles evolve and continue as we age. Elders tell how they've coped with role losses resulting from retirement or death of loved ones. Pioneering of new roles is explored. *Closed Captioned*. (PBSV;UHAMAC;ANBERG;c1993)

Aging

SOCIETAL AND POLITICAL ASPECTS OF AGING

60 min; color; c,a

1/2" VHS **CC4602,VH**

Growing Old in a New Age Series - Considers individual and government responsibilities for the physical and financial support of older citizens. Experts and elders examine the political clout of advocacy groups, older women and minority elders. *Closed Captioned*. (PBSV;UHAMAC;ANBERG;c1993)

Aging; Social service

SOMEONE I ONCE KNEW

31 min; color; h,c,a

1/2" VHS **EC2268,VH**

Follows the progression of Alzheimer's disease in several people from its first signs—loss of memory, loss of concentration, and lack of coordination—to its later stages. Examines the impact of this disease on the victims and their families who must decide whether to care for the patient at home or place him or her in a nursing home. Reviews new developments in the research into the disease. (METRO;MTI;c1982)

Alzheimers disease

SOMETHING LEFT TO DO—ELDERS OF STO:LO NATION

30 min; color; c,a

1/2" VHS **CC5252,VH**

Harvest of Age Series - Three Native American Sto:Lo elders reflect on life and death and demonstrate through dance, prayer and preserving ancient sites how they fulfill their obligations as Indian elders to preserve the culture and link the generations. (SPINDLP;PASTIPL;TERNF;c1995)

Aging; Indians of North America

Aging

SOMETHING SHOULD BE DONE ABOUT GRANDMA RUTHIE

54 min; color; h,c,a

1/2" VHS **CC4843,VH**

Traces, through a granddaughter's video camera, a family's attempts first to allow their mother to retain her independence, then to get her to move in with them or into a group home, and finally to a nursing home. Talks with the various people involved with "Grandma Ruthie," including her children, her neighbors, her caregivers, and the doctors and nurses who try to help her and her family. Speaks with the grandmother, who shows drastic changes as time passes, and who admits, at times, that she can no longer care for herself. (STAUFCA;FANLIGH;c1993)

Aged; Aging; Nursing homes; Parent and child

STAYING CONNECTED

16 min; color; c,a

1/2" VHS **CC5115,VH**

Shows a support group of older people, explaining how the group was created when a doctor noticed that many of her older patients needed socializing as much as medical treatment. Talks with the participants about what the group means to them, how they felt at the beginning of the group about discussing their feelings publicly and how the group works. Points out that the group has begun to associate with each other outside of their designated meetings. Argues that elderly people do well in support groups, because it keeps them in touch with both their own generation and new ideas. (VANBOSJ;TERNF;c1995)

Aged; Group counseling

STEALING TIME: THE NEW SCIENCE OF AGING SERIES

QUEST FOR IMMORTALITY

55 min; color; h,c,a

1/2" VHS **NC2344,VH**

Examines the process of aging, focusing on its biology. Looks at historical changes in the human lifespan. Relates studies about centenarians, turtles, opossums, childbirth and menopause, and genetic manipulation to aging. Discusses the influence of environmental factors, natural selection and genetics on the aging process. Concludes that the aging process is not fixed and can be manipulated through control of the variables influencing the aging process. (SEAMAJO;PBSV;c1998)

Adaptation (Animals); Aging

TURNING BACK THE CLOCK

55 min; color; h,c,a

1/2" VHS **NC2345,VH**

Examines the process of aging from a scientific viewpoint, focusing on life extension. Presents studies showing that aging is influenced by diet, glucose, oxygen and free radicals, exercise, growth hormones, cell division and cell death. Concludes that biological and internal factors influence the aging process and longevity and that the manipulation of these factors may increase the human life span. (HALJUDD;PBSV;c1998)

Aging; Physiology

MASTERING THE MIND

55 min; color; h,c,a

1/2" VHS **NC2346,VH**

Examines the process of aging, focusing on the cognitive and psychological aspects. Presents studies of the brain, cognitive abilities, intellectual enrichment, exercise, the impact of environment and health, and the effects of hormones. Concludes that lifestyle choices and medical science can influence mental ability. (PALFJON;PBSV;c1998)

Aging; Brain; Developmental psychology

STICKY MY FINGERS...FLEET MY FEET

23 min; color; h,c

1/2" VHS **EC1410,VH**

Portrays the inner struggle between youth and age, dreams and reality, as exemplified by the Sunday afternoon middle-aged quarterback hero who is outdone by a teenager. Shows scenes of the man at home where he complains that he should have recognized his talent sooner and where his wife complains that he is being too hard on his body. Contrasts the verbalized talents with the actual talents displayed on the football field. Directed by John Hancock. (SATURN;NLA;c1970)

Aging; Film study

STILL DOING IT: THE INTIMATE LIVES OF WOMEN OVER 65

54 min; color; c,a

DVD **CC6600,DV**

Explores the lives of nine women ranging in age from 67-87, who discuss their past, current, and future sex lives. Topics addressed include sex roles homosexuality, aging, reproduction, and gender roles. Discusses the problem of the mismatch between society's expectations and women's desires, their frustrations and joys, and the lack of available men over 65. Includes some nudity. Participants in the program are interviewed on camera and provide the majority of the narration. (NEWDAY;c2004)

Aging; Sex education; Women

STIMULATING MEANINGFUL COMMUNICATION IN PATIENTS WITH ALZHEIMER'S DISEASE

60 min; color; c,a

1/2" VHS **HC1626,VH**

Telerounds Series - Reviews recent research on linguistic and non-linguistic interventions for maximizing the communicative function of patients with Alzheimer's disease, and to discuss new research that indicates the benefit of using toys as stimuli to facilitate meaningful communication in these patients. Presenters are Tammy Hopper and Kathryn A. Bayles. Broadcast on television October 1, 1997. (TOMOCHU;UAZNECD;c1997)

Alzheimers disease; Communication

STRANGERS IN GOOD COMPANY

100 min; color; c,a

1/2" VHS **EC2519,VH**

Portrays seven elderly women and a female bus-driver who, having little in common, are nonetheless stranded together at a deserted farmhouse without much food or a decent place to sleep in the beautiful, unpopulated Mont Tremblant region of Quebec. Features non-professional actors who draw upon their own self-images. Reveals the characters' inner strengths as they draw upon long forgotten survival skills and discover dormant feelings of enthusiasm for life and nature, and of commitment to others. (NFBC;ICAR;c1990)

Aging; Women

STRESS IN THE LATER YEARS

24 min; color; c,a

1/2" VHS **HC1240,VH**

Be Well Series - Examines the special stresses of older people—loss, loneliness, retirement, etc. Explains how these stresses can cause physical disorders. Demonstrates relaxation and other techniques, and suggests ways for enjoying social activities. (CHUH;c1983)

Aging; Stress

Aging

STUDIES IN AGING

19 min; color; c,a

1/2" VHS **HC1387,VH**

Details current studies on aging which indicate that many illnesses associated with growing older result from lifestyle choices rather than the aging process itself. Focuses on Roseto, Pennsylvania, whose exceptionally low incidence of heart disease in the 1960's was attributed to the emotional support provided by the close-knit Italian-American community rather than to diet or health practices. Explains how the town lost this sense of community over time, and deaths by heart attack are now comparable to the national average. (FFHS;c1987)

Aging

SURFING FOR LIFE

55 min; color; h,c,a

1/2" VHS **HC1698,VH**

Presents the stories of three women and six men who share a love for surfing that has eased the process of aging for them. Includes archival footage of the interviewees as they discuss their personal histories and enthusiasm for surfing. Relates the sport to a healthy, active lifestyle. Challenges society's view of the elderly by presenting examples of lively, fun-loving men and women who continue to surf, even after the age of 80. (TERNF;c1999)

Aging; Sports

TELEROUNDS SERIES

STIMULATING MEANINGFUL COMMUNICATION
IN PATIENTS WITH ALZHEIMER'S DISEASE
[HC1626]

VOLUNTEERS IN PARTNERSHIP: A
REHABILITATION PROGRAM FOR
ALZHEIMER'S PATIENTS [HC1625]

THOSE WHO STAY BEHIND: WHEN A FAMILY MEMBER IS DYING

31 min; color; c,a

1/2" VHS **HC1685,VH**

Tells the personal stories of individuals dealing with the adjustment of becoming a primary care giver for an elderly spouse or parent. Discusses options in making end of life decisions for a loved one, to be used in conjunction with a family handbook. (FANLIGH;c1999)

Aged; Death and dying; Family; Nursing homes

A THOUSAND TOMORROWS: INTIMACY, SEXUALITY AND ALZHEIMER'S

31 min; color; c,a

1/2" VHS **CC5114,VH**

Interviews four married couples who are struggling with different stages of Alzheimer's disease about the effect the disease has had on their relationship and their intimacy. Discusses the complex issues and feelings which lead to either an increased or a diminished sex life for the couples. Considers both the healing power of sexuality in maintaining closeness, and the disturbing aspects of having sex with someone who no longer, or not always, remembers who you are, and for whom you are now a caregiver rather than a partner. (VANBOSJ;TERNF;c1995)

Alzheimers disease; Marriage; Sex education

A TIME TO CHANGE

90 min; color; c,a

1/2" VHS **HC1664,VH**

On Our Own Terms Moyers on Dying Series - Four out of five Americans will likely die in hospitals or nursing homes, and the care they receive will depend on both who is providing it and who is paying for it. Introduces crusading medical professionals who have dedicated themselves to improving end-of-life care by changing America's overburdened health system. The Balm of Gilead Project in Cooper Green Hospital in Birmingham, Alabama, is the first and only hospice unit in that state, serving mainly the working poor and uninsured. All medical residents at Cooper Green must spend time in this hospice unit. Medical professionals interviewed by Bill Moyers include Dr. Amos Bailey, Edwina Taylor, Cassandra Jackson, Greg Townsend and James Bolden. (FFHS;c2000)

Death and dying; Nursing homes; Public health

THE TRANSFORMATION OF MABEL WELLS

13 min; color; k,p,i

1/2" VHS **EC1632,VH**

Introduces Mabel Wells, a very old lady, set in her ways, who hasn't spoken a kind word to anyone for many, many years and follows her transformation into a happy, caring person. Observes Mabel as she sets out on her daily walk, a pattern she has not varied for as long as anyone can remember, and shows her fateful collision with a young boy on a bicycle. Reveals a change in Miss Wells as she responds to cards and gifts sent by her neighbors and concludes as she once again sets forth on her daily walk, no longer a rigid path, but a happy leisurely stroll through the park in which she passes out bright tissue paper butterflies to everyone she meets. (GUIA;XEROX;c1975)

Aged; Creative writing; Interpersonal relations

TREATING TIME

51 min; color; c,a

1/2" VHS **HC1736,VH**

Beating Time series - Addresses the major issues regarding health and aging, following two individuals as they undergo various tests to determine their health needs and risks. Suggests that one is never too young to start maximizing longevity, that improving health will lead to a longer life, and that health has more than just physical benefits. Suggests numerous ways of assessing one's personal health as well as addressing the issues through exercise, diet and discipline. (FFHS;c2002)

Aging; Hygiene

VOLUNTEERS IN PARTNERSHIP: A REHABILITATION PROGRAM FOR ALZHEIMER'S PATIENTS

59 min; color; c,a

1/2" VHS **HC1625,VH**

Telerounds Series - Discusses volunteer programs to help patients with Alzheimer's disease. Hosted by Kathryn Bayles. Featured speaker, Sharon Arkin. Broadcast on television October 18, 1995. (TOMOCHE;UJAZNECD;c1995)

Alzheimers disease; Rehabilitation, physical and mental

WANDERING IS IT A PROBLEM

14 min; color; c,a

1/2" VHS **HC1654,VH**

The Alzheimer's Challenging Behavior series - Discusses the behavior of wandering in patients with Alzheimer's disease and dementia, questioning whether or not the behavior is necessarily negative. Suggests that wandering is an attempt by the patient to communicate with staff and to seek familiarity in unfamiliar and possibly anxiety-producing circumstances. Illustrates different wandering behaviors and their possible causes. Encourages redirection as a method to cope with potentially dangerous, disruptive wandering behavior. (FANLIGH;c1997)

Alzheimers disease; Nursing homes

Aging

WATER FROM ANOTHER TIME

29 min; color; c,a

1/2" VHS **CC5317,VH**

The filmmakers visit three elderly residents of Orange County, Indiana, talk with them, enjoy their artistic creations, and learn something about the dignity and meaning of aging. Lotus Dickey, 70, who raised eight children by himself, sits under a catalpa tree by his parents' farmhouse, playing his violin and singing songs he wrote. Elmer Boyd, 80, a shy bachelor, shows an ingenious water carrying system he built for his aging parents in 1943. Artist and poet Lois Doene, 87, shows her albums and sketchbook, and reads some of her work. It was from one of Lois Doane's poems that the title of the film was derived. (KANERIC;DER;r1982)

Aging; Ethnomusicology; Indiana

WAYS WE LIVE SERIES

The concept of community is central to our well-being as individuals and as a society. Yet fragmented families, constant moving and job changes have led to a pervasive feeling of isolation and a sense that we've somehow lost community to the past. This ten part series explores new models of community that provide the spiritual sustenance we crave. Producers Heather MacAndrew and David Springbett go on location around the United States and Canada to uncover a treasure trove of changing communities and see local heroes who create them—ordinary people who find ways to reclaim their neighborhoods, and a new breed of thinkers who champion a return to grassroots participation in community.

AGEING WITH COMMUNITY [CC5526]

ON THE ROAD [CC5529]

WHEN HELP WAS THERE: FOUR STORIES OF ELDER ABUSE

19 min; color; c,a

1/2" VHS **CC6206,VH**

Investigates four ethnically diverse cases of abuse among the elderly and discusses the help and support these elderly have received through a network of services: legal interventions, support groups, and social services. Features a Hispanic mother threatened by her son, an African-American woman physically abused by her husband, an Asian couple put out on the street by their son-in-law, and a Caucasian man defrauded of possessions and bank accounts by a friend. (TERNF;c2000)

Aged—Abuse of

WHEN SHE GETS OLD

30 min; color; c,a

1/2" VHS **CC4832,VH**

Examines the economic problems facing many women over the age of 60. Discusses the economic discrimination these women have experienced throughout their lives, and how it affects them as they near or reach retirement age. Explains why many women fall below the poverty line when they are widowed, as well as the many problems within the Social Security system. Argues that all women, even if they plan to marry and/or stay at home with children need a career or training for a career, and that all women, including homemakers, must make their own preparations for their financial future. (WTTW;TERNF;c1993)

Aged; Career guidance; Poverty; Welfare economics; Women

WHEN THE DAY COMES, WOMEN AS CAREGIVERS

28 min; color; c,a

1/2" VHS **HC1509,VH**

Shows women who have taken on the role of caregiver for elderly parents and talks with them about the effect it has had on them, the person cared for, and the rest of the family. Considers some of the problems of both the caregivers and the cared for, including isolation, a need for independence, and the emotional distress when it is no longer possible to care for the person at home. Recommends support groups for the caregivers so that they have an understanding outlet for feelings they are unable to share with those who have not been caregivers for elderly loved ones. (NFBC;FILMK;c1990)

Aged; Family; Women

WHEN WOMEN GO THROUGH MENOPAUSE WHERE DO MEN GO?

56 min; color; h,c,a

1/2" VHS **HC1633,VH**

Discusses men's views of menopause. Defines both female and male menopause and how this change in hormonal balance affects many aspects of a person's life. Examines the sources and side effects of specific drugs and hormones (Premarin, testosterone, estrogen) used for treating menopause in both men and women. Examines how Chinese traditional medicine views and treats menopause. Includes many interviews which reveal commonly-held misconceptions about menopause. Interviews older people whose lives have been impacted both positively and negatively by menopause about this stage of life. (SHERELI;FANLIGH;c1996)

Aging; Sex education

WHISPER, THE WAVES, THE WIND

28 min; color; c,a

1/2" VHS **EC2370,VH**

Documents a "performance art" piece in which 154 women between the ages of 69 and 99, dressed in white and seated at white tables on a beach, discuss their aging. Follows several women as they prepare for and attend the event and reminisce at a reunion a year later. Celebrates the women's beauty, spirituality, humanity, power, and aging and provides a unique view and insight into older women's lives, concerns, and aspirations. (LACYSUZ;TERNF;c1986)

Aging; Performance art; Women

WHISPER: THE WOMEN

10 min; color; h,c,a

1/2" VHS **CC4401,VH**

Seven older women share their stories and reflect on their lives. Provides seven unique, non-traditional images of "growing older." (WIENERB;TERNF;r1991)

Aging; Women

WIT AND WISDOM: TALKING WITH OUR ELDERS

35 min; color; j,h,c,a

1/2" VHS **CC4833,VH**

Interviews choreographer Eleanor King, community activist and organizer Andres Martinez, and John Manley, a retired experimental physicist who worked with Oppenheimer on the development of the atomic bomb. Provides biographical portraits of each person interviewed, emphasizing their philosophies of life and their feelings about growing old. Includes archival photos and film. (SENSRAS;DILLINP;TERNF;c1993)

Aging

Aging

WOMEN OF THE GEORGIAN HOTEL

20 min; color; c,a

1/2" VHS **EC2576,VH**

Reveals the secrets of longevity and serenity in a group portrait of four women, aged 82 to 104, who live happy, active and healthy lives in an elegant, beachfront hotel. Divides into three sections: *Longevity*, in which the women discuss the attitudes, routines, health and religious faith which have allowed them to live a long life; *Adversity*, which includes stories of the deaths of loved ones, from the loss of relatives during the Nazi holocaust, to the loss of a grandchild to AIDS; and *Serenity*, in which the women reveal their adjustments to and positive outlook on old age, widowhood, and the ever-present possibility of their own death. (SHOSHRO;TERNF;c1990)

Adjustment (Psychology); Aged; Aging; Women

WOMEN'S HEALTH SERIES

An eight-part series that provides clear, concise answers to the health issues facing every woman at every age, and is designed to empower through self-examination, self-assessment, and education. Hosted by NBC News "Today" medical correspondent Holly Atkinson, M.D.

MENOPAUSE: GUIDELINES TO A HEALTHY LIFE [HC1522]

WORK, RETIREMENT AND ECONOMIC STATUS

60 min; color; c,a

1/2" VHS **CC4599,VH**

Growing Old in a New Age Series - Explores labor force trends, early retirement, and new job opportunities for older workers. Retirees describe community service and leisure activities. Discusses Social Security, pensions and other income sources. *Closed Captioned*. (PBSV; UHAMAC;ANBERG;c1993)

Aging; Work

WORKING LATE WITH ELLIOTT GOULD

28 min; color; c,a

1/2" VHS **BC0364,VH**

Employee Development Series - Explores the problem of age discrimination in the workplace and challenges the myths and stereotypes about aging and work. Uses dramatizations, a group discussion, and interviews to provide facts about the economic, societal, and personal benefits of a working, productive older population. Provides a positive view of mature workers who take initiatives to counter the discrimination they experience. Narrated by Elliott Gould. (BRIT0AE;BARR;c1986)

Aging; Labor and laboring classes; Prejudices and antipathies

WORLD OF ABNORMAL PSYCHOLOGY SERIES

Authentic footage of actual case histories, of people experiencing a wide variety of behavioral disorders, accompanied by commentaries from educators, clinicians, and researchers who highlight and help interpret what students see. Examines behaviors along a continuum from functional to dysfunctional, from simple stress to paranoid schizophrenia. Clinical examples include the world of a manic-depressive, how a patient who suffered from head trauma re-enters society, and the steady advancement of Alzheimer's disease. Also covers psychological, biological, and social approaches to the treatment of abnormal behavior, showing how various types of treatment help individuals return to more satisfying lives.

ORGANIC MENTAL DISORDERS [NC2066]

YOU MUST REMEMBER THIS: INSIDE ALZHEIMER'S DISEASE

57 min; color; h,c,a

1/2" VHS **HC1455,VH**

Provides an overview of Alzheimer's disease, including a definition, current research and treatment, and its effects on the lives of those involved. Offers case histories of the various stages of this degenerative condition. Illustrates the effects of the disease on the brain through brain tissue samples. Includes a discussion of the effects of Alzheimer's on families. (MACKINS;BOWDENH;FILMK;r1992)

Alzheimer's disease

YOUNG AT HEART

28 min; color; h,c,a

1/2" VHS **EC2656,VH**

Looks at love, friendship, and marriage from an older perspective. Talks with Louis Gothelf and Reva Shwayder, both of whom are in their eighties and widowed, about their relationship. Discusses how they met, the interests they share, and how they decided to move in together. Watches as they finally decide to marry. Emphasizes their philosophy of living in the present rather than dwelling on the past. (MARXSUE;CONNAM;TERNF;c1987)

Aged; Aging; Love; Marriage